

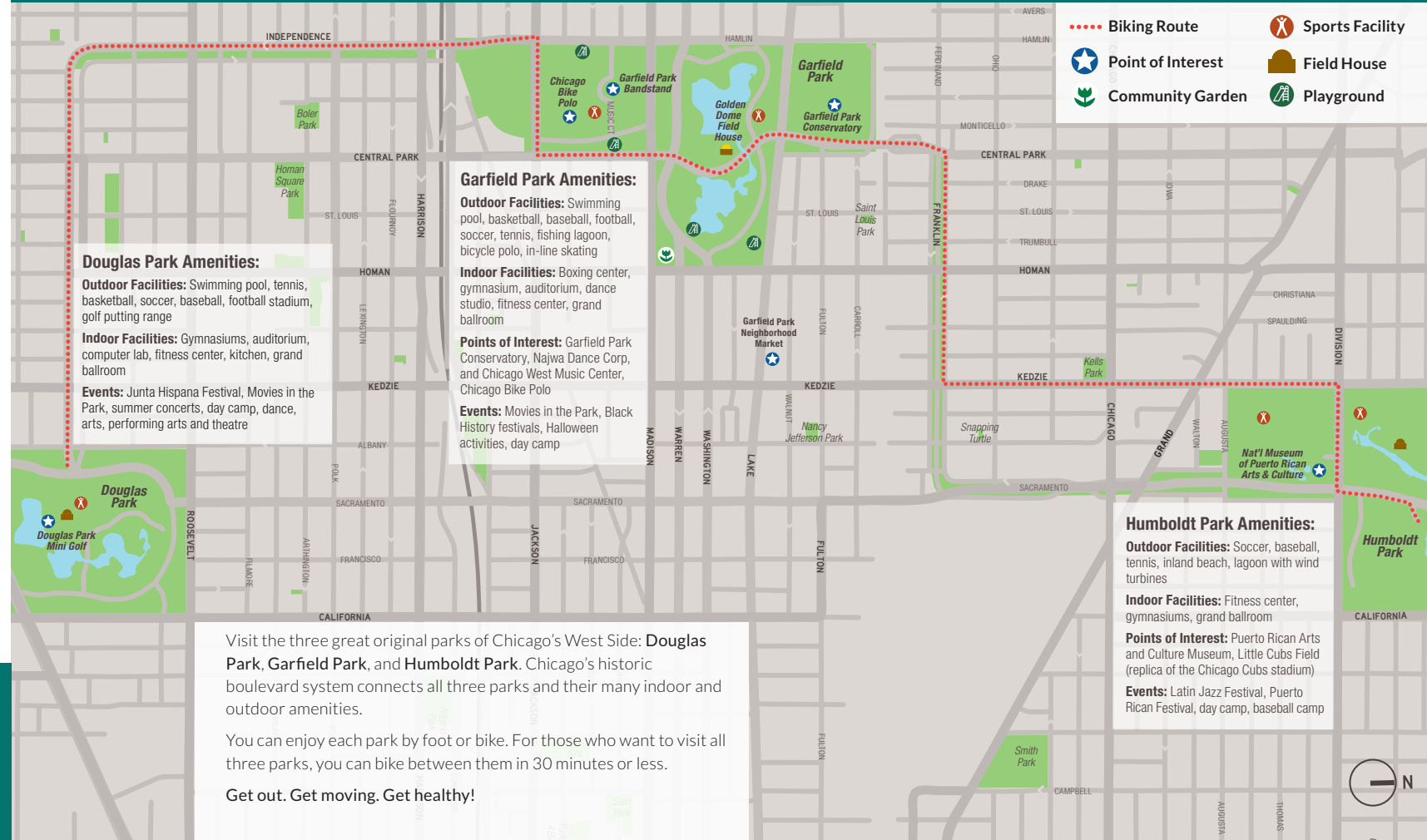


Go Garfield Park is a program of the Chicago Department of Transportation. Our goal is to help you get around East and West Garfield Park and the city of Chicago by foot, bike, bus, train, and shared car.

CONTACT US

gogarfieldpark.org • facebook.com/gogarfieldpark

HISTORIC BOULEVARD PARK TOUR



Walk Bike & Ride

MAP | SUMMER 2016

Explore East and West Garfield Park and beyond!

BICYCLING



DIVVY BIKES



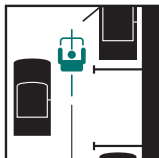
TRANSIT



WALKING



TIPS FOR SAFER BIKING



RIDE PREDICTABLY

Make it easy for drivers to see you: avoid weaving between parked cars and ride with the direction of traffic. No one over age 12 is permitted to ride a bicycle on sidewalks in the City of Chicago.



SEE. BE SEEN. BE HEARD.

Use lights at night (white in the front and red in the rear) or when visibility is poor. Wearing bright, reflective clothing while biking also increases your visibility.



LOCK IT RIGHT

Use a U-lock to lock your frame and at least one wheel to a bike rack or immovable object. For added security, secure your other wheel with a second lock or chain.



REQUEST A RACK

Is your favorite Garfield Park business or community organization lacking a bike rack? Request a free bike rack from the City of Chicago by calling 312-742-BIKE (2453) or at bikeparking.chicago.com/completestreets.org.

Divvy is Chicago's bike sharing system with thousands of bikes at hundreds of stations around the city, including East and West Garfield Park. Bikes are available 24/7, 365 days a year. You must be 16 years or older to ride Divvy. Find out more at divvybikes.com.



1. JOIN

Purchase an Annual Membership online or buy a 24-Hour Pass from any Divvy station. You will need to use a credit or debit card to sign up for a standard annual membership. *For Chicagoans who face financial barriers or who do not have a credit or debit card, CDOT now offers the **Divvy for Everyone (D4E)** program. Sign up for a discounted membership at the Garfield Workforce Center - Central States SER (10 S. Kedzie) or learn more at divvybikes.com/D4E.*

2. TAKE

Annual Members simply dip their key at any station with an available bike. Those who buy a 24-Hour Pass will be given a keypad code for any dock with an available bike.

3. RIDE

You'll get unlimited 30-minute trips for the duration of your Membership or 24-Hour Pass. Trips longer than 30 minutes incur overtime fees.

4. RETURN

Dock the bike back at any station. Wait for the green light to confirm the bike is secure.

5. REPEAT

Take as many trips as you want during your Membership or 24-Hour Pass period. Take any Divvy bike, any time! Enjoy getting around Chicago in a new way.

CTA & METRA | transitchicago.com & metrarail.com

Garfield Park is served by the CTA Green Line and Blue Line trains, Metra UP-W, MD-N, MD-W, and NCS trains, and multiple bus lines. Real-time bus and train arrivals and routes are shown on the CTA and Metra websites.

VENTRA | ventrachicago.com

Ventra is a combined fare card that can be used on CTA trains, CTA buses, or Pace buses. Cash fares are still accepted on buses. Purchase your pass or add value at CTA rail stations, participating retail locations (such as local convenience stores), online, by phone, or using the Ventra app.

PACE BUS SERVICE FOR SENIORS AND PEOPLE WITH DISABILITIES | pacebus.com

People with disabilities may qualify for Pace Bus Americans with Disabilities Act (ADA) Paratransit Service. Call the Regional Transportation Authority (RTA) at 312-663-HELP (4357) to ask about eligibility or to apply for scheduled transit trips.

BIKES ON TRANSIT | transitchicago.com/bikeandride

Bikes are welcome on all CTA and Pace buses at any time; each bus has a two-bike rack on front. Bikes are permitted on CTA trains at all times except weekdays from 7 - 9 am and from 4 - 6 pm. Bring your bike on all Metra trains except weekday trains arriving in Chicago before 9:30 am and leaving Chicago between 3:00-7:00 pm. There is no additional charge for bringing a bike on CTA or Metra.

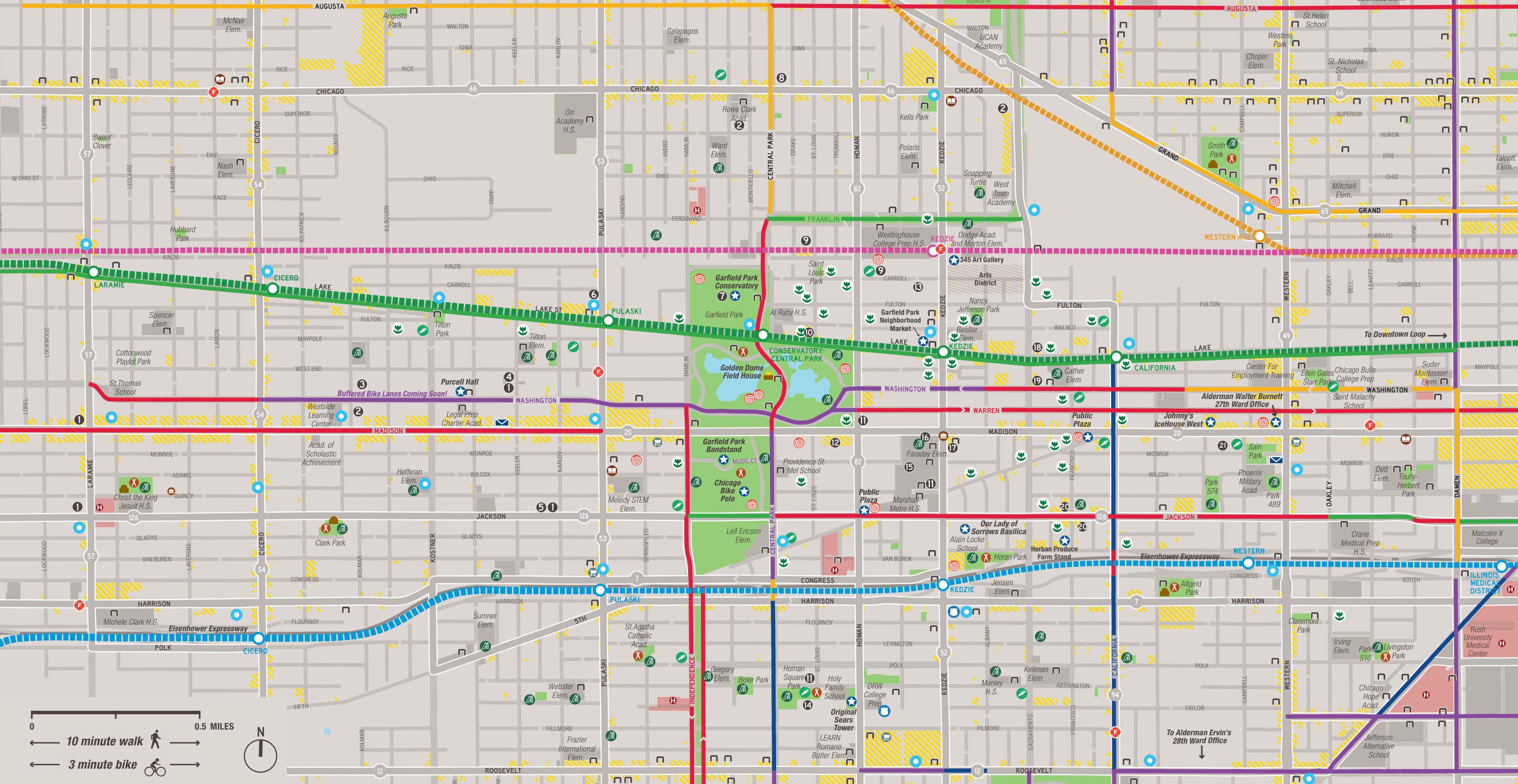


Research shows that regular walking contributes to your overall health and fitness in these important ways:

- Strengthens heart, joints, and bones
- Reduces blood pressure, risk of stroke, and cholesterol
- Improves mood, self-esteem, balance, and circulation
- Gives you energy and helps with a good night's rest
- Contributes to "brain fitness"
- Boosts immune system
- Relieves stress and worry



Ladies, consider joining **GirlTrek**, a national health movement that activates thousands of Black women and girls to transform their lives through walking. Take their pledge to walk your neighborhood every Saturday! Visit www.girltrek.org.



Go GARFIELD PARK

LEGEND

- | | | | |
|--------------------------|------------------------------|-------------------|---------------------|
| Bus Route & Number | Barrier Protected Bike Lane | Community Garden | Hospital |
| CTA Green Line & Station | Buffer Protected Bike Lane | Fire Station | Food Pantry |
| CTA Blue Line & Station | Bike Lane | Library | Major Grocery Store |
| METRA UP-W | Bike Route | Point of Interest | Post Office |
| Metra MD-N, MD-W, NCS | Marked Shared Lane (Sharrow) | Police Station | Public Art |
| Park | Divvy Bike Share Station | Playground | Fieldhouse |
| School Grounds | Bike Parking | Sports Facility | Workforce Center |
| Commercial District | | | |

COMMUNITY SERVICES

- | | | |
|---------------------------------|-------------------------------------------------------------------------|-----------------------------------------------|
| Taste & See Community Meal Spot | Neighborhood Housing Services of Chicago | Central States SER - Divvy for Everyone (D4E) |
| Chicago Commons Center | Breakthrough Ministries | Garfield Workforce Center |
| Fathers Who Care | Inspiration Kitchens | Bobby E. Wright Behavioral Health Center |
| Worldwide Family Center | YMCA | Above and Beyond Family Recovery Center |
| Garfield Park ARISE | Oak Street Health Center | MLK Jr. Boys & Girls Club |
| Bethel New Life | Breakthrough Ministries FamilyPlex and Lawndale Christian Health Center | Marillac St. Vincent Family Services |
| Garfield Park Housing Center | Homan Square Community Center | Salvation Army Community Center |